

California Trails and Greenways Conference 2010

Pre-Conference Field Workshop

Trail Sharing & Riding Workshop



This three hour Trail Sharing Workshop will be held at Montana de Oro State Park. Experienced multi-use trail instructors will provide demonstrations and practice in trail sharing etiquette among bicyclists, equestrians and hikers; and will provide the opportunity to experience these other modes of enjoying trails. Trail managers and advocates wanting to learn and promote safe and respectful multi-use trail use; and experience trails from on top a horse or bike are encouraged to attend.

During the workshop you will learn equestrian and bicycle trail riding techniques that promote safety, courtesy, understanding and sensitivity to the needs of other trail users. You will have the opportunity to learn to ride a horse and/or a bicycle (optional) and later go for a short multi-use ride (optional) or watch others ride.

Horses and bikes will be available for those interested. If you have a bike or horse, please feel free to bring them. This can be an excellent opportunity for exposing horses to bikes in a non-threatening manner.

The planned itinerary for Wednesday, April 21, 2010 follows:

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| 11:00 AM | Assemble at the Cambria Pines Lodge Conference Registration tent for map/directions and carpool opportunities to Montana de Oro's Oak Group Horse Camp |
| 12:00 PM | Begin orientation and training |
| 1:00 PM | Saddle-up for the horse/bike clinic. You may observe riding and etiquette skills on a bike or horse |
| 2:00 PM | Multi-use trail ride/walk (optional) |
| 3:00 PM | End workshop |

Lunch (not included) is on your own or with your new friends

Be sure to wear hiking or riding shoes and bring your helmet. Generally weather is nice in April but be prepared for cold, wet, windy or warm weather. Layer your clothing and bring a day pack to carry extra clothes, water, lunch or snacks. Sunscreen is advisable.



Presenters: Jeannie Gillen -- California Recreational Trails Committee; Cathy Haagen-Smit – California Trails & Greenways Foundation